

# Emergency Response: An Overview Quick Response Teams and Leave Behind Programs

## Panel Discussion

June 20, 2024



**Kentucky Public Health**  
Prevent. Promote. Protect.



**TEAM**   
**KENTUCKY**<sup>®</sup>  
CABINET FOR HEALTH  
AND FAMILY SERVICES

# Learning Objectives

- 🏠 Upon completion of this activity, participants will be able to,
  - Differentiate between the terms ‘deflection’ and diversion in the context of public health and harm reduction.
  - Identify key stakeholders and partners for effective collaboration.
  - Understand the steps and processes associated with the creation and implementation of a proactive community response model, specifically, the QRT response model.
  - Describe the need for culture change amongst fire, EMS, and law enforcement personnel.
  - Describe the value of public safety and community collaboration as well as the significance of relationship building.

# Quick Response Team with New Vista

Amy Colvin, PSS, CADDC-2

# Agenda

-  QRT Successes
-  QRT Barriers
-  PSS Boundaries and Protecting your Recovery

# QRT Successes

Naloxone Training  
and Distribution

Work with individuals  
and families to get  
folks into treatment




Support “Leave  
Behind” Programs

Community Partnerships and Events

Outreaching and  
canvassing “hot  
spots”

Overdose response in 24-72 hours

# QRT Barriers

-  Different law enforcement and county viewpoints on harm reduction efforts
-  Occasional issues with address reporting
-  Shame can sometimes affect folks' willingness to talk to us

# Lived Experience

- 🛡️ Most QRT teams have some sort of requirement to utilize those with lived experience on the team (Peers)
  - “Peer support workers are people who have been successful in the recovery process who help others experiencing similar situations. Through shared understanding, respect, and mutual empowerment peer support workers help people become and stay engaged in the recovery process. Peer support services can effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process” (SAMHSA, 2022).
- 🛡️ Our team is entirely comprised of and led by Peer Support Specialists
- 🛡️ As peers doing this work, it is critical we take care of ourselves and our recovery *first*

# **Empowering Your Own Wellbeing**



# Setting Professional Boundaries

Take	Adhere	Protect	Take	Seek
Take allotted breaks	Adhere to a commitment of scheduled time off	Protect your personal contact information and only provide client's work contact info	Take care to not blend your professional role into how you interact with friends and family	Always seek guidance and consultation when feeling unsure on course of action

# Self-Care is Essential for Essential Workers



## Whole Health and Resiliency

- Stress Management
- Healthy Eating
- Physical Activity
- Restful Sleep
- Service to Others
- Support Network
- Optimism Based on Positive Expectations
- Cognitive Skill to Avoid Negative Thinking
- Spiritual Beliefs and Practices





# QRT

QUICK  
RESPONSE  
TEAM

FOR SUBSTANCE USE DISORDER

Presented by

Brandon Fitch, Program Director





Brandon Fitch  
Program Director



Nathan Brockett  
Lead/Veteran  
Peer Support Specialist



Michelle Fondaw  
Adult Peer Support  
Specialist



Amanda Wiersma  
Adult Peer Support  
Specialist



Sam Peterson  
MATR  
Program Coordinator



Daphne Troyer  
Adult Peer Support  
Specialist



Matt Lewis  
Adult Peer Support  
Specialist



Joey Colson  
Adult Peer Support  
Specialist



# MEET THE TEAM





- Initiated in 2019 to combat overdose and substance use crisis in our community
- Started in the FRBH Service Region by Turning Point Recovery Community Center



## HISTORY



## YEAR 1

- Graves County eXchange
- Mayfield Police Department

## YEAR 2

- McCracken County Sheriff's Office
- Mercy EMS
- Marshall County Sheriff's Department

## YEAR 3

- Benton Police Department
- Ballard County Sheriff's Office
- Ballard County EMS

## YEAR 4

- Fulton City Police Department
- Fulton County Sheriff's Office
- Hickman County Sheriff's Office
- Carlisle County Sheriff's Office



## EXPANSION



# QRT

QUICK  
RESPONSE  
TEAM  
FOR SUBSTANCE USE DISORDER

## OUTREACH



Assertive outreach to overdose survivors and families. QRTs also take self-referral and referrals by community partners such as first responders.

## FOLLOW UP



Follow-up phone calls and home visits within 24-72 hours of crisis. QRTs can include peer support, first responders, treatment providers, law enforcement, and other community partners.

## COMPASSION



Centered on the survivor's needs, the message is: "We care and we are here for you." QRTs meet people where they are.

## SERVICES



Provide linkage to treatment, harm reduction, recovery, or needed community services.



## SERVICES



- **Relational**: Utilizing lived experience and training to assist individuals from a "been there, done that" perspective.
- **Reciprocity**: Mutually beneficial for the APSS and the individual being assisted by Recovery Support.



## INTEGRATION OF PEER SUPPORT





- More community awareness of the dangers of SUD and the necessity of naloxone.
- Engaged with 50+ Overdose Survivors and connected to various types of services.
- Distributed hundreds of units of naloxone and Fentanyl Testing Strips, raising accessibility of harm reduction materials in our area.
- Amassed a growing network of community partners, increasing our areas of service and ability to reach more people.



## ACHIEVEMENTS



- Will continue engagement with survivors of overdose, improving our services with professional development and education of current trends.
- Continue building partnerships with other agencies, strengthening our ability to assist the community that is struggling with SUD.
- Raise greater awareness about Recovery Support and Harm Reduction within our community.



## MOVING FORWARD



**Kentucky Integrated  
Prevention and  
Intervention System  
(IPIS) Statistics from  
2022-2024**

# Statistical Summary of Data from 2022- 2024

- There were 363 reported incidents between February 2022 and January 2024
  - Non-Fatal – 277 · Fatal – 34 · At Risk – 52
- Roughly 71% of all reported incidents occurred in Hazard largely concentrated in the northern part of the city
- Nearly double (64%) the males (238) had reported incidents compared to females (135)
- Most impacted age range was from 40 – 49 years (108) (29% of all incidents) followed by 30 – 39 years (105) (28% of all incidents)

# Statistical Summary of Data from 2022- 2023

Primary  
Suspected  
Drugs were  
as follows  
in order of  
prevalence:

Fentanyl

Heroin

Methamphetamine

Other

Secondary  
Suspected  
Drugs  
where  
identified  
were as  
follows in  
order of  
prevalence:

Methamphetamine

Heroin

Prescription Drugs

Other

# Statistical Summary of Data from 2022- 2023

- 🛡️ There were 103 Naloxone Saves with 18 Naloxone distributions as part of the Perry County harm reduction initiative
- 🛡️ Naloxone was most often administered by a Bystander (66) followed by EMS (28)
- 🛡️ There were 48 successful contacts with victims and 44 with family/friends
- 🛡️ Roughly 8 victims accepted services and 10 family/friends; 8 additional victims were already in treatment
- 🛡️ Rebound Center, Spark Ministries, and PCCEK were the referred providers

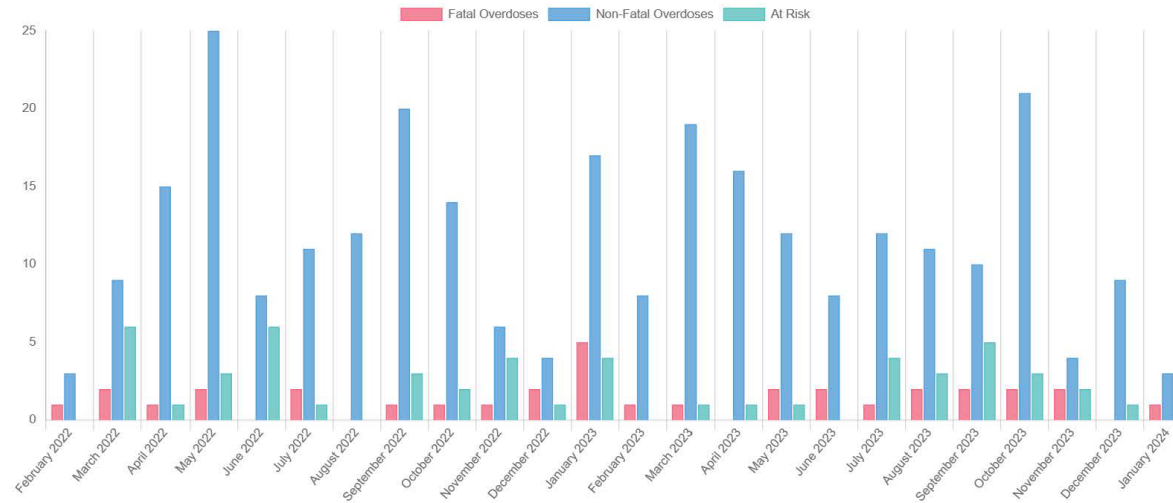


## Report of Incidents - Report (Monthly)

For the period 02/01/2022 to 01/31/2024

Outreach Program: CE QRT Responders

City/Town: Ary, Avawam, Bonnyman, Buckhom, Bulan, Busy, Chavies, Combs, Comettsville, Delphia, Dice, Dwarf, Gays Creek, Happy, Hazard, Jeff, Krypton, Rowdy, Saul, Soudy, Slamp, Vicco, Viper, Yerkes



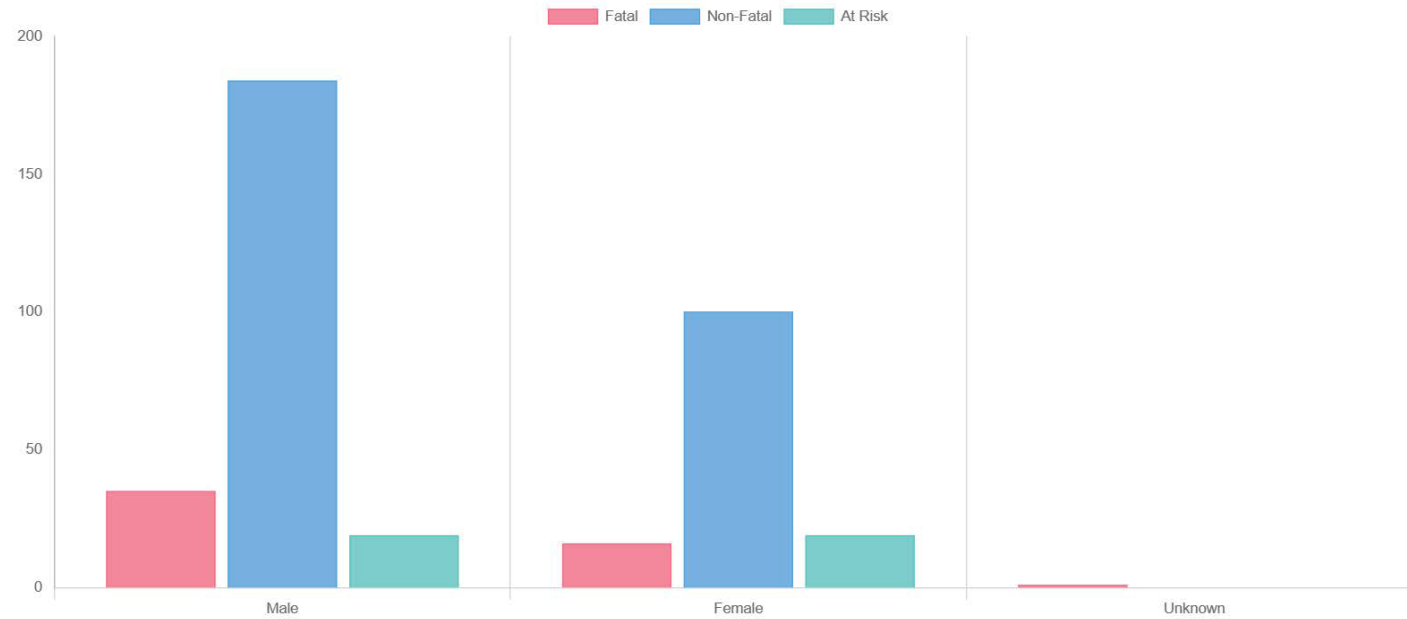


## Victim Sex Demographic Report

For the period 02/01/2022 to 01/31/2024

Outreach Program: CE QRT Responders

City/Town: Ary, Avawam, Bonnyman, Buckhorn, Bulan, Busy, Chavies, Combs, Cornettsville, Delphia, Dice, Dwarf, Gays Creek, Happy, Hazard, Jeff, Krypton, Rowdy, Saul, Scuddy, Slemp, Vicco, Viper, Yerkes





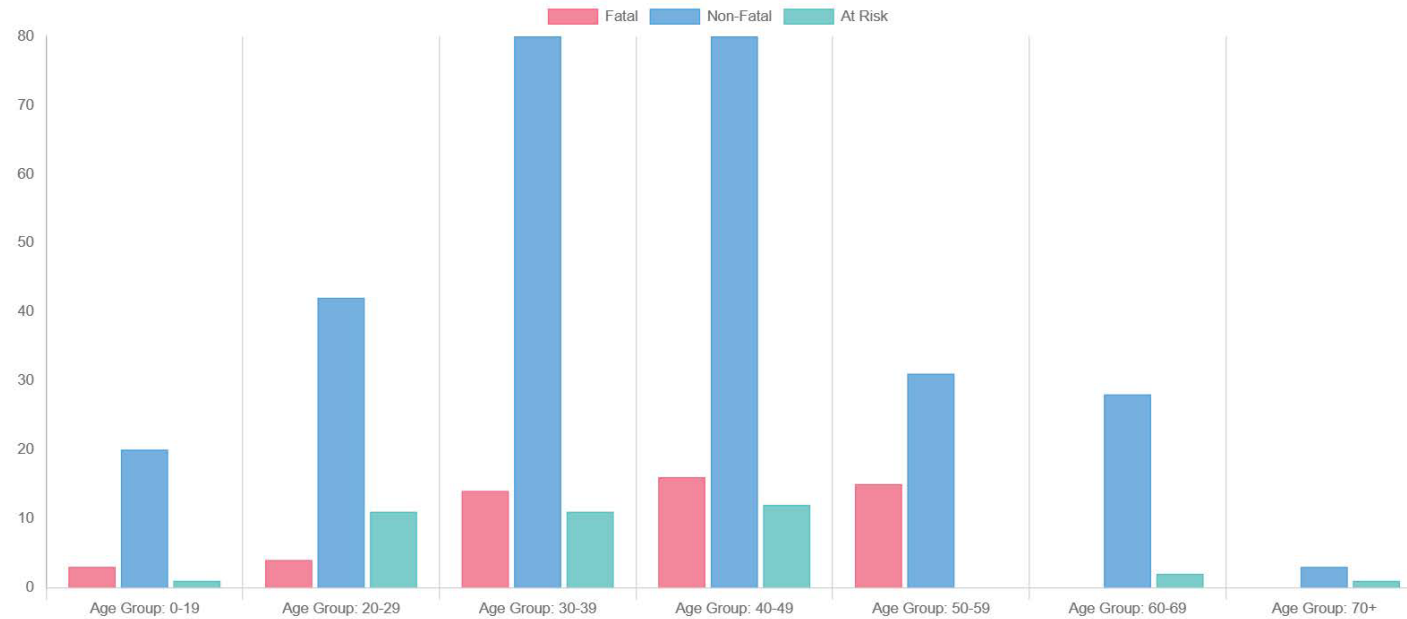


## Victim Age Demographic - Report

For the period 02/01/2022 to 01/31/2024

Outreach Program: CE QRT Responders

City/Town: Ary, Avawam, Bonnyman, Buckhorn, Bulan, Busy, Chavies, Combs, Cornettsville, Delphia, Dice, Dwarf, Gays Creek, Happy, Hazard, Jeff, Krypton, Rowdy, Saul, Scuddy, Slemp, Vicco, Viper, Yerkes



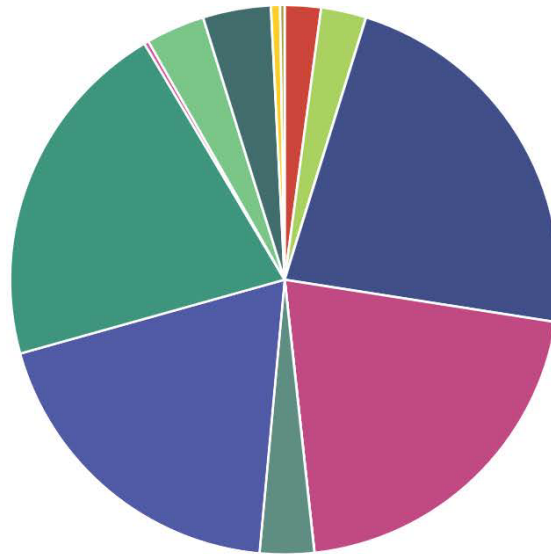


### Primary Drugs Identified - Report (Monthly)

For the period 02/01/2022 to 01/31/2024

Outreach Program: CE QRT Responders

City/Town: Ary, Avawam, Bonnyman, Buckhorn, Bulan, Busy, Chavies, Combs, Comettsville, Delphia, Dice, Dwarf, Gays Creek, Happy, Hazard, Jeff, Krypton, Rowdy, Saul, Scuddy, Slemp, Vicco, Viper, Yerkes





Integrated Prevention & Intervention System (IPIS)

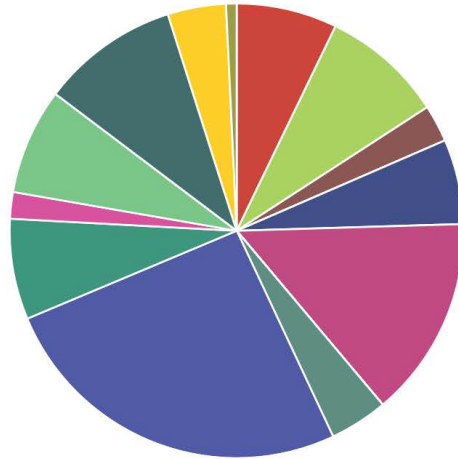
### Secondary Drugs Identified - Report (Monthly)

For the period 02/01/2022 to 01/31/2024

Outreach Program: CE QRT Responders

City/Town: Ary, Awawam, Bonnyman, Buckhorn, Bulan, Busy, Chavies, Combs, Comettsville, Delphia, Dice, Dwarf, Gays Creek, Happy, Hazard, Jeff, Krypton, Rowdy, Saul, Scuddy, Slemp, Vicco, Viper, Yerkes

Alcohol, Benzodiazepine, Cocaine, Crack, Fentanyl, Heroin, LSD, MDMA, Methadone, Methamphetamine, Other, Over The Counter, Oxycodone, PCP, Prescription Drugs, Suboxone, Synthetic Marijuana

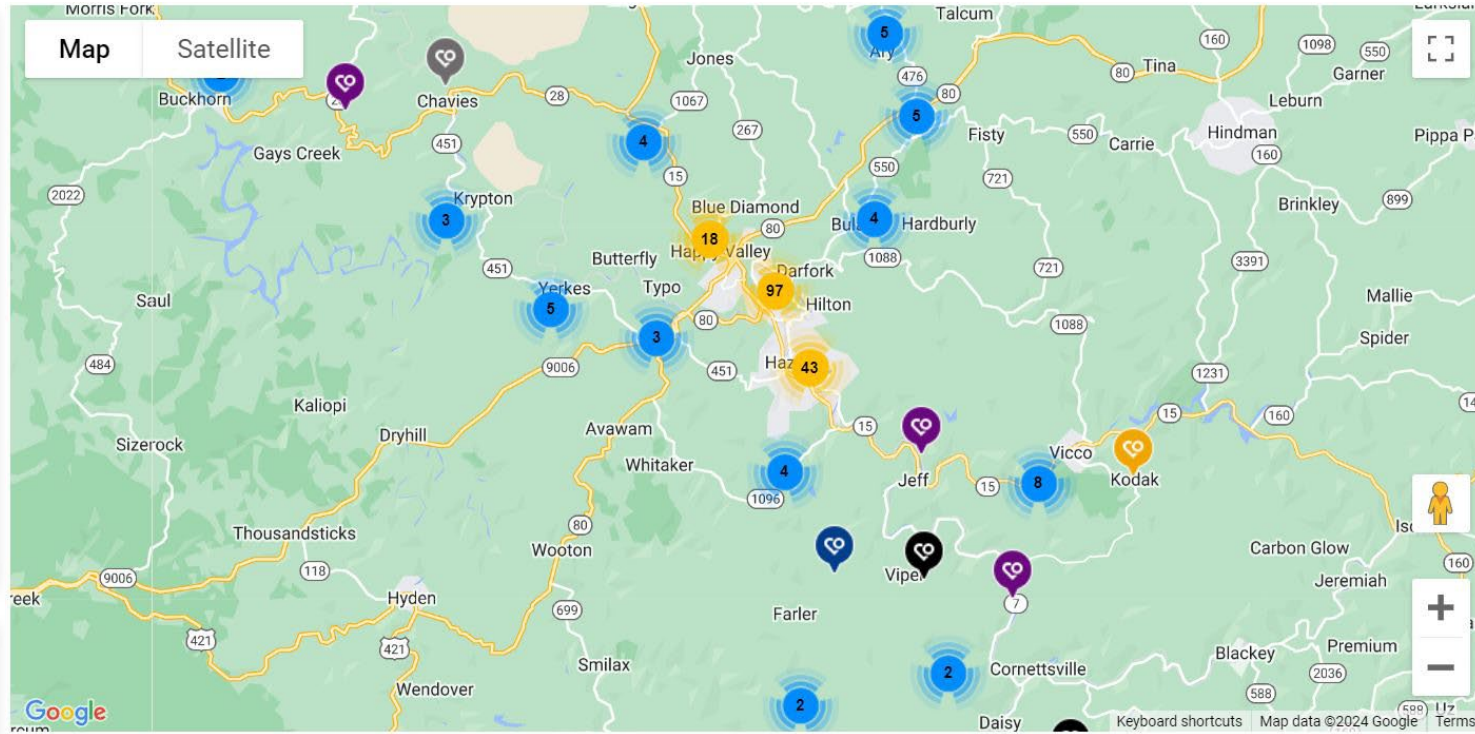


# Perry County Naloxone Heat Map

## 02012022 - 01312024

### Legend

- ✔ Fatal: No Naloxone
- ✔ Fatal: Single Dose Naloxone
- ✔ Fatal: Multiple Doses Naloxone
- ✔ Fatal: Naloxone Unknown
- ✔ Non-Fatal: No Naloxone
- ✔ Non-Fatal: Single Dose Naloxone
- ✔ Non-Fatal: Multiple Doses Naloxone
- ✔ Non-Fatal: Naloxone Unknown
- ✔ At-Risk



### Total Suspected Overdoses

0

Last 24 hours of data

Fatal

0

Naloxone

0

